



PACKING LIST & LUGGAGE

Check out our to-bring list and packing instructions, weight and size are key in the countryside! This list is not compulsory, but it is recommended to bring all items listed to be well prepared.

1. **Warm clothes for evenings** (1 light Jacket, 1 sweater)
2. **Dry fit underwear** (1 long sleeves, 1 short sleeves, 1 leggings)
3. **Dry fit sweater**
4. **Duffle bag** (so your luggage is protected from dust & rain)
5. **Neck wind protection** (small scarf or similar)
6. **A pair of sneakers**
7. **Sleeping bag** (if you need one please let us know in advance so we pack one for you, we have enough, but sometimes guests prefer to bring their own!)
8. **Small backpack** (max 12 litres to take on the bike)
9. **Camel bag** (2 litres)
10. **Large ultra thin rain jacket that fits above protectors (we sell Husqvarna rain jackets in our shop for around 40€, if needed)**
11. **Mosquito repellent**
12. **Ear plugs to sleep** (sometimes wind can be quite noisy)
13. **Sun protection**
14. **Warm hat** (for evenings)
15. **Lip balm (!!!)**
16. **Sanitary kit / wet tissues to clean for the days without showers**
17. **Bathing trousers**
18. **1 microfiber towel**
19. **Sunglasses**
20. **Small flashlight or headlight**
21. **Medication (Pain killers) (WE DO NOT PROVIDE ANY SORT OF MEDICATION)**

Important luggage instructions:

- Weight is key! Make sure your luggage does not exceed **12kg per person** (excluding bike gear if you bring your own)
- We recommend a duffel bag similar to the one below
- Make sure to NOT bring larger hard shell cases
- Any larger luggage will need to be left at our office during the trip; we do have a locked room, if needed.



Mongolian weather can be very extreme. From May to September it can vary from 3 C up to 40 C degrees. Contact us for more information on what sort of clothing to bring if you are not sure.

info@nomadicroad.mn